

Basketball is not an individual sport but a team sport. In a game of basketball, the two teams consisting of five players score by having a ball through a hoop. This hoop is mostly elevated 10 feet above from the ground.

The game of basketball is played on a rectangular field called the basketball court with a hoop at each end of the court. This court is mostly divided into two sections through a mid-court line. A team scores two points whenever the team makes a basket. In a game of basketball, every team is assigned with a goal or basket to defend. This means that the other basket for any team is the scoring basket. After halftime, the teams switch goals and the referee tosses the ball between the two players from each of the team. The player who gets his/her hands on the ball tips it to the teammate. This phenomenon is known as tip-off.

These were some of the basic rules of a game of basketball. Apart from these, there are various other rules, which you need to be familiar with to make the most out of the basketball. There are also many reviews about the teams and the odds online, as well as many sports reviews, so you have all information available. Another thing that you should consider and understand is the NBA betting picks and Doc's NBA odds, they can change the strength of a team over night, especially the NBA Picks.